



Training Schedule: Sept 2025 - Jun 2026

WEEKLY TRAINING SCHEDULE

MON	TUE	WED	THUR	FRI	SAT
Group A (Intermediate – Advanced) 6:15 – 7:20 am	Group C (Advanced) 6:15 – 7:30 am	Group A (Intermediate – Advanced) 6:15 – 7:20 am	Group C (Advanced) 6:15 – 7:30 am	Skills and Special Topics (Weekly sign-up) 6:30 – 7:30 am	Team Workout 8:00 – 9:00 am
Group B (Intermediate) 7:25 – 8:30 am		Group B (Intermediate) 7:25 – 8:30 am		Private Session (By request) 7:30 – 8:30 am	Team Workout 9:00 – 10:00 am
	Group D (Intermediate – Advanced) 8:00 – 9:00 pm		Group D (Intermediate – Advanced) 8:00 – 9:00 pm		



Fee Schedule: Sept 2025 - Jun 2026

MSABC MEMBERSHIP/REGISTRATION FEE

Legacy Masters Swim Club is affiliated with the Masters Swimming Association of British Columbia (MSABC)

All Swimmers pay an annual registration fee of \$90, which is mandatory for insurance purposes. **Returning swimmers must pay their MSABC/registration fee by August 22** to secure their training group spot.

MSABC membership allows swimmers to participate in workouts, swim meets, and other masters swimming events worldwide.

MSABC Membership/Registration fee <i>due August 22</i>	\$90
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REGULAR TRAINING GROUP (A, B, C, D) FEE SCHEDULE

1st Installment <i>due September 1</i>	\$ 435
2nd Installment <i>due December 1</i>	\$ 435
3rd Installment <i>due March 1</i>	\$ 435
Training group top-up card <i>Optional. Workouts on the top-up card can be applied to Friday morning skills and special topics sessions.</i>	10 workouts \$125

STANDBY FEE SCHEDULE

10 – workout card	\$175
15 – workout card	\$250
20 – workout card	\$300

PRIVATE SESSION FEE SCHEDULE

One hour in-person	\$150
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All fees are payable by:

- E-transfer to legacy.mastersswimming@gmail.com
- Cheque made out to Legacy Masters Swim Club