



Training Schedule: Aug 31 2026 - Jun 2027

WEEKLY TRAINING SCHEDULE

MON	TUE	WED	THUR	FRI*	SAT**
Group A (Intermediate – Advanced) 6:15 – 7:20 am	Group C (Advanced) 6:15 – 7:30 am	Group A (Intermediate – Advanced) 6:15 – 7:20 am	Group C (Advanced) 6:15 – 7:30 am	Skills and Special Topics (Weekly sign-up) 6:30 – 8:00 am	Team Workout 8:00 – 9:00 am
Group B (Intermediate) 7:25 – 8:30 am		Group B (Intermediate) 7:25 – 8:30 am			Team Workout 9:00 – 10:00 am
	Group D (Intermediate – Advanced) 8:00 – 9:00 pm		Group D (Intermediate – Advanced) 8:00 – 9:00 pm		

Check the Team Google Calendar for the most up-to-date schedule.

**Fridays are reserved for skills and special topics and make up workouts due to holiday closures*

*** Saturday time change for the following dates:*

- *September 5, 12 and October 10*
- *8 - 9 am → 9 - 10 am*
- *9 - 10 am → 10 - 11 am*



Fee Schedule: Aug 31 2026 - Jun 2027

SWIM BC & MSABC MEMBERSHIP/REGISTRATION FEE

Legacy Masters Swim Club is affiliated with Swim BC and Masters Swimming Association of British Columbia (MSABC)

All Swimmers pay an annual registration fee of \$115, which is mandatory for insurance purposes.

The Swim BC and MSABC memberships allow swimmers to participate in workouts, swim meets, and other masters swimming events worldwide.

Swim BC + MSABC Membership/Registration fee* • Mandatory \$77.25 Swim BC membership • Mandatory \$25 MSABC membership • Mandatory \$12.75 administration fee	\$115
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REGULAR TRAINING GROUP (A, B, C, D) FEE SCHEDULE

1st Installment <i>due September 1</i>	\$ 445
2nd Installment <i>due December 1</i>	\$ 445
3rd Installment <i>due March 1</i>	\$ 445
Training group top-up workout card* <i>Optional. Workouts on the top-up card can be applied to Friday morning skills and special topics sessions.</i>	10 workouts - \$150 5 workouts - \$125

STANDBY FEE* SCHEDULE

10 – workout card	\$200
15 – workout card	\$280
20 – workout card	\$345

All fees are payable by:

- Cheque made out to Legacy Masters Swim Club
- E-transfer to legacy.mastersswimming@gmail.com

** Non-refundable and non-transferable. Please check the Refund Policy in the Membership Agreement for details.*